



LA GARROTXA

HOW 21 MUNICIPALITIES RALLY TOGETHER
TOWARDS TERRITORIAL RESILIENCE, INSPIRING
OTHER RURAL REGIONS TO DO THE SAME



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ILTIÍ: A DEMOCRACY FESTIVAL AT THE
NATIONAL AND TRANSREGIONAL LEVEL.

SPARKING THE MOVEMENT TOWARDS

DEMOCRATIC RESILIENCE AT THE MUNICIPAL LEVEL.



THE STORY OF
ARGELAGUER



A PLACE WHERE PEOPLE DECIDE



THE PEOPLE'S COUNCIL

EL POBLE
QUE BULL





SCALING UP TO
FEM
GARROTXA

CO-CREATING A STRATEGIC PLAN FOR TERRITORIAL RESILIENCE



IF WE ARE GARROTXA, LET'S DO GARROTXA!



11%

Is the percentage that we aimed for in order to activate the **critical yeast*** [community catalyst multiplier agents] that is needed to mobilise the critical mass of the region.

In the case of the Garrotxa, we had to mobilise at least 6.000 people directly.

* John Paul Lederach, 2004

17 SDGs turned into 21 ODGs

6.700 participants directly engaged!



Leverage Points

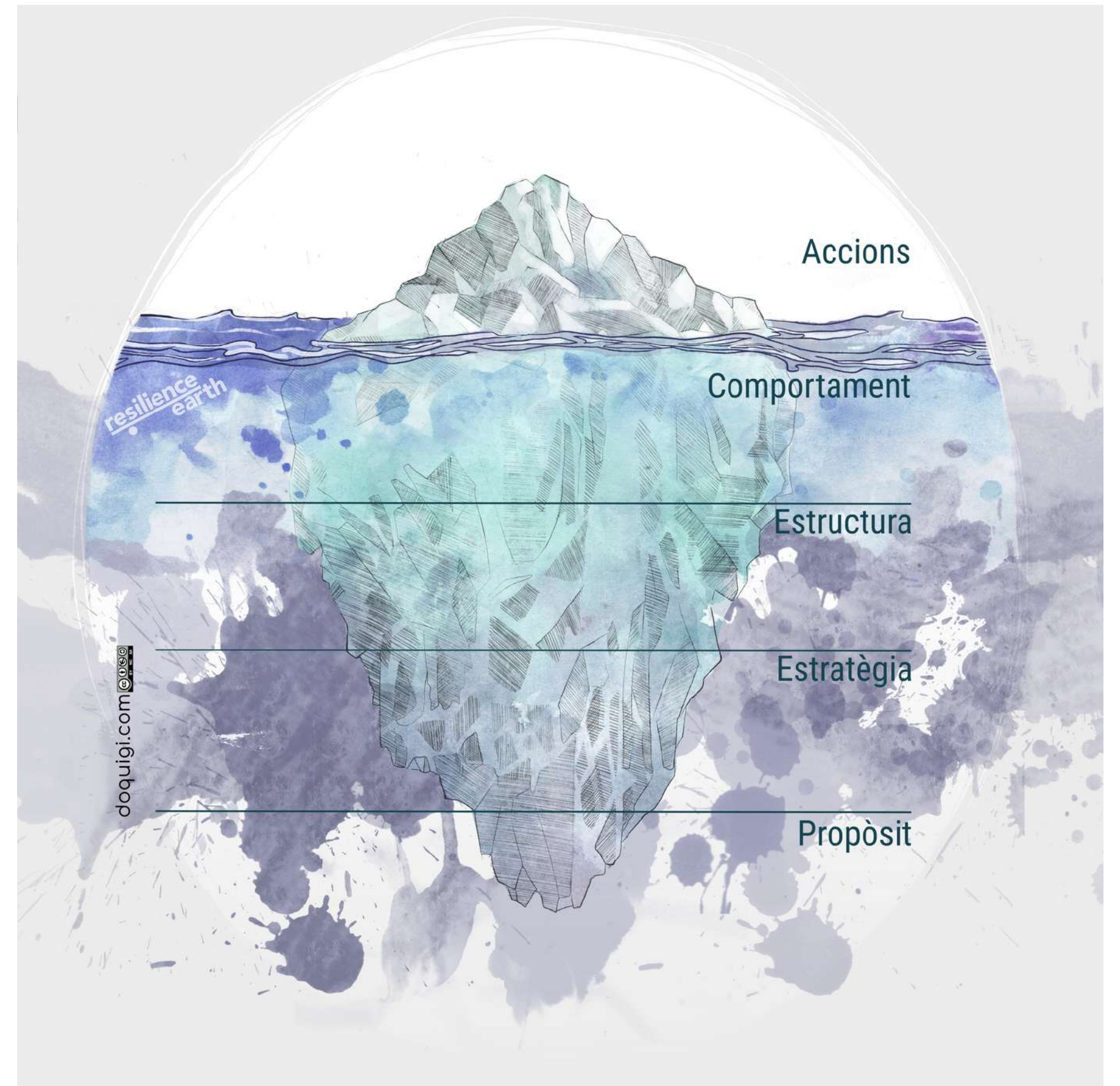
To carry out a participatory diagnosis of the bioregion, we needed to accompany this critical yeast to identify the region's **leverage points***.

*Donella Meadows, 2001

*Peter Senge, 2010

*Otto Scharmer, 2017

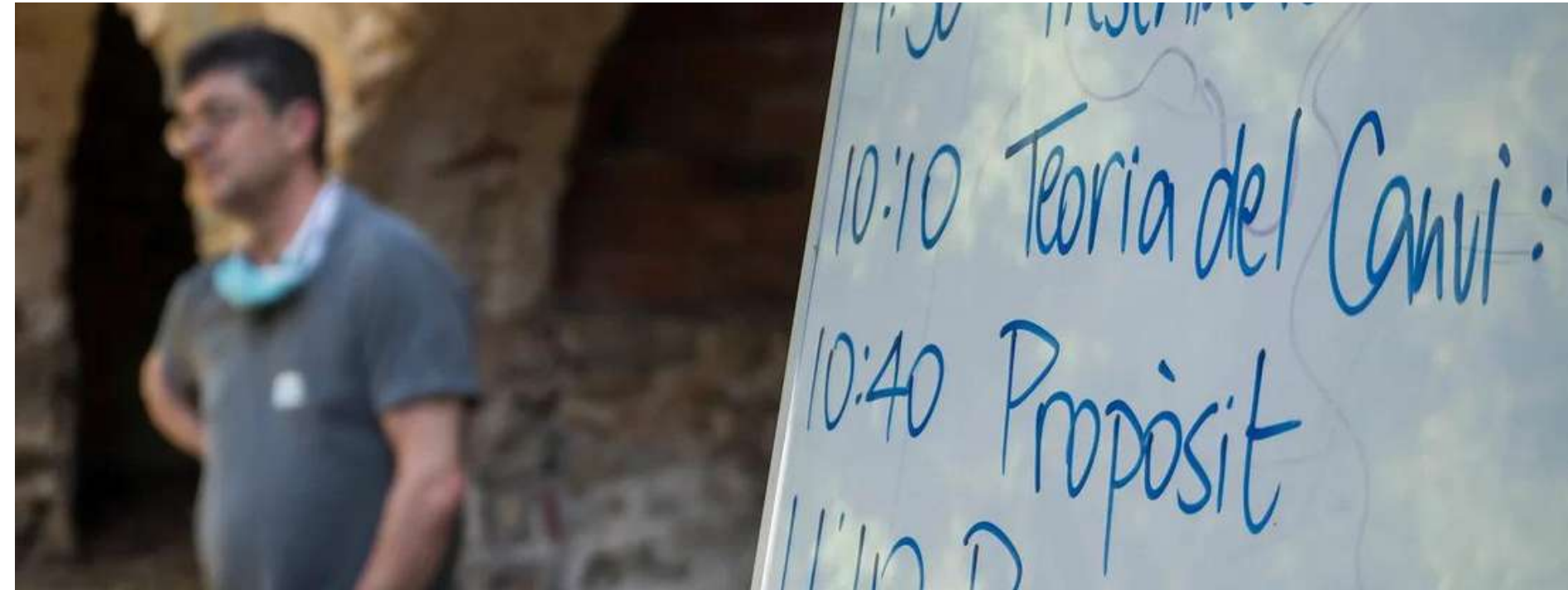
16 thematic round tables
700+ participants



The Bioregional Observatory of the Garrotxa

Bioregional observatories are fundamental for catalysing democratic processes and it is essential that we nourish them from a community-led (citizen sensing/science) and transectorial approach in order to move towards being a more **resilient territory**.

18 technical sessions
120 experts from all sectors



These observatories would contain people with excellent minds and tools, but they would not be walled off, as scientific centers so often are, either from the lives of ordinary people or from the realities of political processes. The people in these centers would be at home with farmers, miners, planners, and heads of state and they would be able both listen to and talk to all of them.

- Donella Meadows



*I sobretot, no oblidis
que el temps és
vestit que ha tocat
re... altre*

DEMOCRÀCIA
REGENERACIÓ
BIOREGIÓ

ILTIÍR

el festival d'evolució
democràtica a les ruralitats



1.500 people from 50 municipalities participated in over 30 blended events



ILTIÍR HUB. The first socio-political incubator

This socio-political incubator puts the commons & the common good at the centre of governance.

75% of this emerging movement of decision makers is led by women, and they are taking inspiration from Nature*.

The decision making process is taking place in grassroots rural areas.

* Authors: Tamsin Woolley-Barker (2017); Leen Gorrissen (2022)

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THANK YOU!

For more information:

- resilience.earth
- catalysts.community
- balkar.earth

*resilience
earth*